



Key to our success is ensuring that every child, every week, has bucket loads of FUN & looks forward to their next class!

We understand how important repetition and routine are for preschool children, so maintain a consistent structure and keep the same program of dances and music for a half term. This works really well, and we find that as familiarity grows, our **Little Wiggles** get even more from the session.

What Do We Do?

Little Wiggles is designed to introduce toddlers and pre-schoolers to dance and movement in a **FUN** way, through music, interaction and play.

Accompanied by their 'Big Person' our key focus is having **FUN** through a variety of dance related activities, but in doing so, our **Little Wiggles** develop coordination, flexibility, language and listening skills, social skills, and confidence.

It's aimed at little ones who are confident walkers, through to when they are ready to move into our independent Tiddlers class, once they're in pre-school nursery or start school.

It's very sensory based and we use a series of props such as masks, sparkly pom-poms, scarves, ribbons, hoops, tunnels, bubbles, disco lights etc. Younger siblings are welcome to tag along & join in the **FUN** – you'll be amazed how early they get involved!

We run the dance class for approx. 40mins & then follow it with a play session (alternating toys/bouncy castles) & parents/carers can have a cuppa



Where Are We?

CDC Dance Ltd

Above Poundland/Clarks

153 High Street
Kings Heath
Birmingham
B14 7DG

Our 2019 renovated studios are above Poundland & Clarks, the doorway is to the left of Poundland's entrance, shared with Fitness4Life gym, with stairs only up to the first floor

We always have a Teaching Assistant on hand to assist on the stairs but most of our parents opt for carriers over pushchairs as there isn't anywhere secure on the ground floor where pushchairs can be left.

If travelling by car, the St Dunstan's car park directly behind the building on Institute Road is the best place to park



Facilities

Our newly refitted venue boasts:

- 3 studios, with a folding partition wall between studios 1 & 2, allowing a more flexible space;
- a kitchen with tuck shop;
- toilets with baby change and a 'Little People' toilet;
- a changing room with lockers;
- video entry/exit security system;
- CDC staff & guest wifi broadband;
- Bose sound system;
- big screen projection equipment;
- Le Mark dance flooring;
- full dance safety mirrors;
- barres;
- AcroPAD inflatable floor, roller & crash mats

Terms

Little Wiggles classes are offered at the monthly fee of £22.50 & £19.16 for 2nd siblings (Equivalent to £6.75/£5.75 per session and based on 40 weeks as we follow school terms)

We teach 3rd siblings for **FREE** across all children's classes at the dance school.

The first class will be a **FREE** taster. You then pay weekly for the first month. Thereafter, you switch onto advance monthly payments via GoCardless Direct Debit.

